

Minimize your costs, maximize your savings

Get care, virtually anywhere

With 24/7 Virtual Visits, you can connect to a care provider by phone or video* through myuhc.com® or the UnitedHealthcare® app. Providers can treat a range of nonemergency health conditions — and may even prescribe medication as needed.**

*Data rates may apply.

**Certain prescriptions may not be available, and other restrictions may apply.

[Be seen today](#)

Out-of-network cost management for emergency services

Sometimes, where you get health care is out of your control — like when you need emergency care and use an [out-of-network ground ambulance service](#). If this happens, you may receive a balance bill. Learn how balance bills may be negotiated to help reduce your out-of-network costs.

[Learn more](#)

Support for medical bill resolution

Your plan comes with access to Naviguard® services at no additional cost to you. So, if you receive a balance medical bill for out-of-network medical services, reach out to us before you pay it. We'll review your bill and may be able to negotiate a reduced amount on your behalf.

[Learn more about Naviguard](#)

See what's new at myuhc.com

Paying claims just got easier. Get more info by signing in to your account.

[Learn more](#)

Explore your additional benefits

Find resources for better, brighter days

Get self-help digital tools, in-person or virtual behavioral health providers and other resources that may help with a variety of concerns — from depression and anxiety to relationship difficulties, substance use and more.

[Learn more](#)

Help protect yourself against the flu

You can help take down the flu by getting your annual flu shot right away. With most plans, you can get a flu shot at no additional cost to you when you use one of the designated network retail pharmacies, clinics or providers.

[Find flu shot locations](#)

See, save and share your digital health plan ID card

With the UnitedHealthcare[®] app, viewing your health plan ID card's a snap: Simply tap to it for quick access, anytime. For another secure

way to store and view your health plan details, add to your smartphone's digital wallet.

[Get the app](#)